



HealthAdvocateSM

Questions about the coronavirus?

Where to go for answers

The continuing coronavirus (or COVID-19) outbreak can spark concerns about how it may affect you and how to protect your health.



At this time, the risk of exposure for the general public in the United States remains low. However, because this outbreak is changing, the best course of action is to consult the Centers for Disease Control and Prevention (CDC), the trusted organization charged with monitoring and controlling the coronavirus in the U.S.

Information and Resources

Follow the guidelines and information provided by the trusted agencies below, including steps to prepare should an outbreak happen in your community, and guidance for travelers.

- **For all that you need to know, including travel advisories:**
www.cdc.gov/coronavirus/index.html
- **For specific questions, see the CDC's FAQ section:**
www.cdc.gov/coronavirus/2019-ncov/faq.html
- **For information about COVID-19 in your state, search your state's health department, which works with the CDC to monitor and implement all recommendations:**
www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html
- **For up-to-date developments, research, and guidance from government health authorities and the World Health Organization (WHO), go to:**
www.idsociety.org/public-health/Novel-Coronavirus

For additional information, go to the Health Advocate EAP+Work/Life member website.

Remember, if emotional support is needed for you or a family member, talk to a licensed counselor.

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