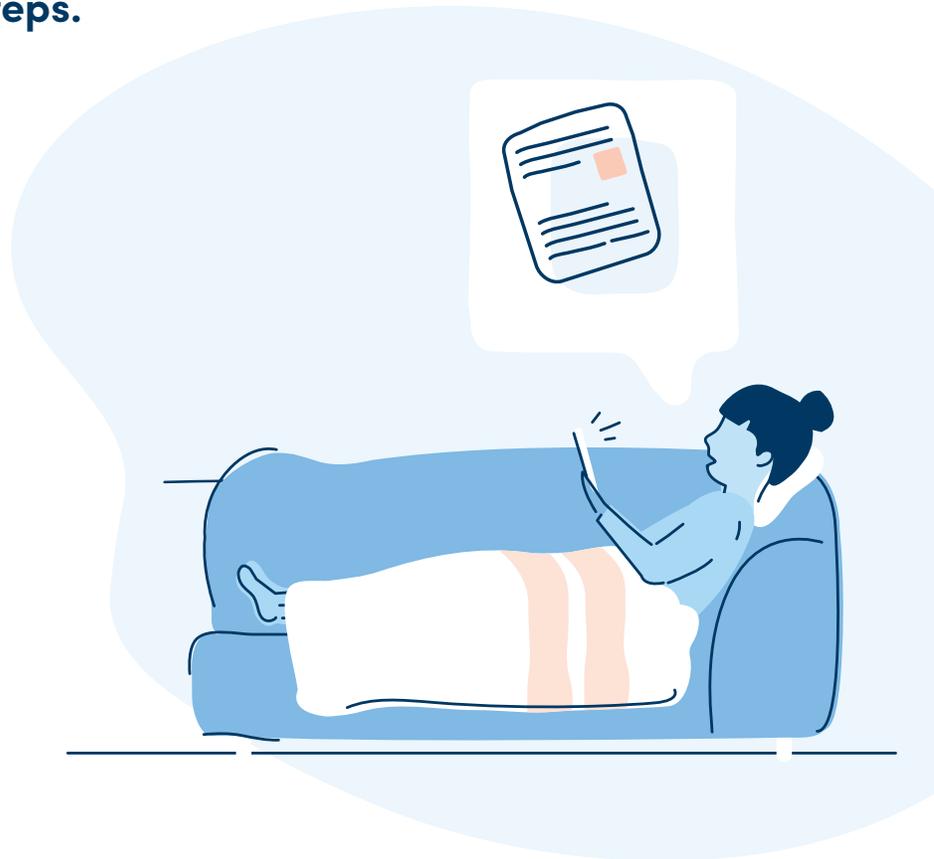


Worried about symptoms?

The COVID-19 Symptom Checker is a quick and easy way to assess next steps.

If you or a member of your family starts feeling ill, help is at your fingertips. Highmark's online COVID-19 Symptom Checker can help you manage symptoms for you or a family member and give advice on next steps — without leaving your home.



How it works

1. Visit the COVID-19 Symptom Checker at [Coronavirussympptomchecker.com](https://www.coronavirussympptomchecker.com).
2. Read the questions about your situation and symptoms.
3. Click the most accurate multiple-choice answer.
4. Get advice on whether you need to seek medical care, self-isolate, or continue practicing social distancing.

Stay safe and remember that we're here to support you.

If you believe you are having a medical emergency and you need immediate treatment, **call 911**.
Tell them if you're having **Coronavirus symptoms**.

Health benefits or health benefit administration may be provided by or through Highmark Blue Cross Blue Shield, Highmark Choice Company, First Priority Health or First Priority Life, all of which are independent licensees of the Blue Cross Blue Shield Association.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。

请拨打您的身份证背面的号码（TTY：711）。